

## **EDUCATIONAL PROGRAM - SERIES 600**

### **602 Programs of Instruction**

#### **602.17 Health Education**

Students in grade levels one through twelve shall receive, as part of their health education, instruction about personal health, food and nutrition, environmental health, safety and survival skills, consumer health, family life, substance abuse and nonuse, including the effects of alcohol, tobacco, drugs and poisons on the human body, human sexuality, self-esteem, stress management and interpersonal relationships, emotional and social health, health resources, prevention and control of disease, including characteristics of communicable disease including acquired immune deficiency syndrome. While the areas stated above shall be included in health education, the instruction shall be adapted at each grade level to aid understanding by the students. Beginning no later than in grade seven, characteristics of communicable disease shall include information about sexually transmitted diseases.

Parents who object to health education instruction in human growth and development may file a written request that the pupil be excused from the instruction. The written request shall include a proposed alternate activity or study acceptable to the superintendent. The superintendent or designee shall have the final authority to determine the alternate activity or study.

Adoption Date: November 13, 1989

Review Date: April 13, 2009

Revision Date:

Legal References: Iowa Code Sections 256.11, 279.8, 280.3-.14 (1989).  
670 Iowa Admin. Code 3.  
281 Iowa Admin. Code 12.5(3)(e), .5(4)(e), .5(5)(e)  
(new standards).