

## **EDUCATIONAL PROGRAM - SERIES 600**

### **602 Programs of Instruction**

#### **602.18 Physical Education**

Students in grades one through twelve shall be required to participate in physical education courses unless they are excused by the principal of their attendance center.

Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student or the student has been exempted because of a conflict with the student's religious beliefs.

Students in grades 9-12 may also be excused from physical education courses if:

- the student is enrolled in academic courses not otherwise available, or
- the student has obtained a physical education waiver for a (semester or trimester] because the student is actively involved in an athletic program.

Twelfth grade students may also be excused from physical education courses if the student is enrolled in a cooperative, work study or other educational program authorized by the school which requires the student's absence from school.

Students who will not participate in physical education must have a written request or statement from their parents.

Adoption Date: March 6, 2001

Review Date: April 13, 2009

Revision Date:

Legal References: Iowa Code § 256.11 (1995).  
281 I.A.C. 12.5.

Cross References: 503 Student Activities  
603 Instructional Arrangements