



## Breakfast & Lunch Menu

**September 2018**

|          | MONDAY                | TUESDAY                    | WEDNESDAY                  | THURSDAY                 | FRIDAY                     |
|----------|-----------------------|----------------------------|----------------------------|--------------------------|----------------------------|
|          | 3                     | 4                          | 5                          | 6                        | 7                          |
| <b>B</b> |                       | Mini B.B Waffles           | Omelet & Roll              | Pancake Sausage Stick    | Egg & Cheese Burrito       |
| <b>L</b> | NO SCHOOL             | Mandarin Chicken           | Mac & Cheese               | Taco                     | Pepperoni Pizza            |
|          |                       | Flavored Rice              | Baked Beans                | Shredded Lettuce         | Romaine Salad              |
|          |                       | Steamed Broccoli / Carrots | Cucumber Slices            | Diced Tomatoes           | Peas                       |
|          |                       | Pineapple / Fresh Fruit    | Pears / Cantaloupe/ Cookie | Jello/fruit Fresh Fruit  | Apple Slices / Peaches     |
| <b>A</b> |                       | Egg Roll                   | Popcorn Chicken            | Turkey & Cheese /Bun     | Pork Chop/Bun              |
|          | MONDAY                | TUESDAY                    | WEDNESDAY                  | THURSDAY                 | FRIDAY                     |
|          | 10                    | 11                         | 12                         | 13                       | 14                         |
| <b>B</b> | French Toast Sticks   | Sausage Breakfast Pizza    | Poptart                    | Ham/Egg/ English Muffin  | WG BlueBerry Muffin        |
| <b>L</b> | Hamburger/Bun         | Spaghetti/Meatsauce        | Cheese Breadsticks         | Chicken Fajitas          | Chicken Patty/Bun          |
|          | Ranch Potato Wedges   | Breadstick                 | Green Beans                | Shredded Lettuce         | Carrot & Celery Sticks     |
|          | Baked Beans           | Romaine Salad/ Cucumber    | Fresh Broccoli             | Diced Tomato             | Apple Slices               |
|          | Peaches/ Watermelon   | Mixed Fruit / Fresh Fruit  | Pears / Cantaloupe         | Pineapple / Fresh Fruit  | Mandarin Oranges           |
| <b>A</b> | RibPatty/Bun          | Chicken Strips             | Pizza Crunchers            | Ham & Cheese Wrap        | French Bread Pizza         |
|          | MONDAY                | TUESDAY                    | WEDNESDAY                  | THURSDAY                 | FRIDAY                     |
|          | 17                    | 18                         | 19                         | 20                       | 21                         |
| <b>B</b> | Ch. Chip French Toast | Ham Breakfast Bar          | WG Banana Muffin           | Scrambled Eggs/Roll      | Cinn. Raisin Bagel         |
| <b>L</b> | Rib Patty/Bun         | Grilled Chicken /Bun       | Pork Chop/Bun              | Crispito                 | Hotdog/Bun                 |
|          | Tomato Slices         | Baked Beans                | French Fries / Carrots     | Shred. Lettuce/Diced Tom | Romaine Salad              |
|          | Corn Macaroni Bake    | Sliced Cucumbers           | Applesauce Cups            | Pineapple/ Fresh Fruit   | Peas                       |
|          | Watermelon/ Pears     | Jello&Fruit / Peaches      | Cantaloupe / Cookie        | Chips & Salsa            | Mixed Melon / Apple Slices |
| <b>A</b> | Deli Sandwich         | BBQ Beef Sandwich          | Hamburger/Bun              | Chicken Nuggets          | Stuffed Crust Pizza        |
|          | MONDAY                | TUESDAY                    | WEDNESDAY                  | THURSDAY                 | FRIDAY                     |
|          | 24                    | 25                         | 26                         | 27                       | 28                         |
| <b>B</b> | Cinn. Glazed Pancakes | Bacon Breakfast Pizza      | Donut Holes                | Pancake Sausage Stick    | Yogurt & Granola           |
| <b>L</b> | Pizza Burger /Bun     | Sausage or Ham             | Chicken Strips             | Walking Taco             | Pizza                      |
|          | Sweet Potato Fries    | Pancakes                   | Mashed Potatoes/Gravy      | Shredded Lettuce         | Romaine Salad              |
|          | Calico Beans          | Hashbrowns                 | Green Beans / Brownie      | Diced Tomato             | Carrots                    |
|          | Pears / Apricots      | Donut Holes                | Applesauce / Watermelon    | Pineapple /Strawberries  | Mixed Fruit / Cantaloupe   |
| <b>A</b> | Turkey Burger / Bun   | Oranges / Sidekicks        | Fish Sticks                | Comdog                   | Chicken Patty/ Bun         |
|          | MONDAY                | TUESDAY                    | WEDNESDAY                  | THURSDAY                 | FRIDAY                     |
| <b>B</b> |                       |                            |                            |                          |                            |
| <b>L</b> |                       |                            |                            |                          |                            |
|          |                       |                            |                            |                          |                            |
|          |                       |                            |                            |                          |                            |
|          |                       |                            |                            |                          |                            |

All breakfast served with juice and or fruit,cereal or cereal bar and milk.  
 All lunch served with milk. Milk choices 1% white,skim white and skim chocolate.  
**We reserve the option to change any menu at anytime without notice.**

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