



Breakfast & Lunch Menu

K-12

September 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
B		Ham/Egg Roll	WG Muffin	Breakfast Bar	Soft Cereal Bars
L	NO SCHOOL	Rib Patty/Bun	Spaghetti/Meatsauce	Crispitos	Pizza
		Baked Beans	Romaine Salad	Shredded Lettuce	Corn
		Tomato Slices	Cucumbers Breadstick	Diced Tomato	Broccoli
		Fruit Options	Fruit Choice	Fruit Option	Fruit Choice
A		Deli Sandwich	Chicken Nuggets	Corndog	Chicken Nugget/Roll
	9	10	11	12	13
B	Mini Waffles	Bacon&Egg on Roll	Pancake Sausage	Fruit Frudel	Donut Holes
L	Mexican Lasagna	Pork Chop/Bun	Meatball Sub	Taco	Pizza
	Corn or Pepper Slices	Green Beans	Sweet Potato Fries	Shredded Lettuce	Romaine Salad
	Fruit Choice	Carrots	Cucumber Slices	Refried Beans	Celery
	Breadstick	Fruit Choice	Fruit Choice	Fruit Choice WG Cake	Fruit Choice
A	Deli Wrap	Hamburger/Bun	Hotdog/Bun	Popcorn Chicken	Rib Patty/Bun
	16	17	18	19	20
B	French Toast Sticks	Sausage & Egg on Roll	Breakfast Pizza	Breakfast Burrito	Bagels & Cream Cheese
L	BBQ Chicken /Bun	Chicken Alfredo	Pork Chop on Bun	Chicken Fajita	Pizza
	French Fries	Steamed Broccoli	Baked Beans	Shredded Lettuce	Romaine Salad
	Pepper Slices	Carrot Sticks	Tomato Slices	Diced Tomato	Cucumber Slices
	Fruit Choice	Fruit Choice --- Breadstick	Fruit Choice	Fruit Choice	Fruit Choice
A	Hamburger/Bun	Popcorn Chicken	Corndog	Popcorn Chicken	Hamburger/Bun
	23	24	25	26	27
B	Breakfast Bar	English Muffin /Jelly	Scrambled Eggs/Roll	Ham & Egg Biscuit	Mini Donuts
L	Rotini & Meatballs	Chicken Tetrazini/Roll	Fish Sticks	Chicken Taco	Pizza
	Carrots & Celery	Green Beans	Mashed Potatoes/Gravy	Shredded Lettuce	Romaine Salad
	Fruit Choice	Cauliflower	Corn	Refried Beans	Fresh Broccoli
	Breadstick	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
A	Chicken Strips	Mozzerella Sticks/Sauce	Chicken Strips	Mozzerella Sticks/Sauce	Pork Chop/Bun
	30				
B	Mini Pancakes				
L	Teriyaki Chicken				
	Rice Carrot Sticks				
	Steamed broccoli				
	Fruit Choice				
A	Egg Roll				

All breakfast served with juice and or fruit,cereal or cereal bar and milk.
 All lunch served with milk. Milk choices 1% white,skim white and skim chocolate.
We reserve the option to change any menu at anytime without notice.

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