



Breakfast & Lunch Menu

Group A

October 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
B				Apple Muffin	Mini Pancakes
L				Pizza	Grilled Cheese
				Carrots	Celery
				Pineapple	Pears
A				(School)	(Home)
	5	6	7	8	9
B	Cereal	Mini French Toast	Mini Bagel	Poptart	Cereal Bar
L	Hot Dog	Grilled Cheese	Chicken Strips	Nachos	Chicken Patty/Bun
	Baked Beans	Broccoli	Corn	Shredded Lettuce	Carrots
	Apple Slices	Applesauce	Apple	Mandarin Oranges	Pears
A	(School)	(Home)	(School)	(School)	(Home)
	12	13	14	15	16
B	Blueberry Muffin	Cereal	Mini Pancakes	Frudel	Cereal Bar
L	Pizza	SunButter Sandwich	Popcorn Chicken	Taco	Grilled Cheese
	Cucumbers	Cheese Stick	Broccoli	Refried Beans	Celery
	Orange	Carrots	Apple	Banana	Pears
		Applesauce			
A	(School)	(Home)	(Home)	(School)	(Home)
	19	20	21	22	23
B	Poptart	Cereal	Mini Bagel	Apple Muffin	No School
L	Macaroni and Cheese	Deli Sandwich	Chicken Strips	Pizza	
	Green Beans	Celery	Broccoli	Cherry Tomatoes	
	Fruit Cup	Applesauce	Orange	Applesauce	
	Pork Chop (high school)				
A	(School)	(Home)	(Home)	(School)	
	26	27	28	29	30
B	No School	Poptart	Mini Pancake	Blueberry Muffin	Cereal
L		Grilled Cheese	Chicken Nuggets	Nachos	Deli Sandwich
		Carrots	Broccoli	Refried Beans	Celery
		Fruit Cup	Applesauce	Pineapple	Pears
A		(Home)	(School)	(School)	(Home)

All breakfast served with Juice and Milk

All lunch served with milk. Milk choices 1% white, skim white and skim chocolate.

We reserve the option to change any menu at anytime without notice.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



Breakfast & Lunch Menu

Group B

October 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
B				Mini Pancakes	Muffin
L				Grilled Cheese	Pizza
				Celery	Carrots
				Pears	Pineapple
A				(Home)	(School)
	5	6	7	8	9
B	Mini French Toast	Cereal	Mini Bagel	Cereal Bar	Poptart
L	Grilled Cheese	Hot Dog	Chicken Strips	Chicken Patty/Bun	Nachos
	Broccoli	Baked Beans	Corn	Carrots	Shredded Lettuce
	Applesauce	Apple Slices	Apple	Pears	Mandarin Oranges
A	(Home)	(School)	(Home)	(Home)	(School)
	12	13	14	15	16
B	Cereal	Mini Donuts	Poptart	Cereal Bar	Frudel
L	SunButter Sandwich	Pizza	Popcorn Chicken	Grilled Cheese	Taco
	Cheese Stick	Cucumbers	Broccoli	Celery	Refried Beans
	Carrots	Orange	Apple	Pears	Banana
	Applesauce				
A	(Home)	(School)	(School)	(Home)	(School)
	19	20	21	22	23
B	Cereal	Poptart	Mini Bagel	Muffin	No School
L	Deli Sandwich	Macaroni and Cheese	Chicken Strips	SunButter Sandwich	
	Celery	Green Beans	Broccoli	Carrots	
	Applesauce	Fruit Cup	Orange	Applesauce	
		Pork Chop (high school)		Cheese Stick	
A	(Home)	(School)	(School)	(Home)	
	26	27	28	29	30
B	No School	Cereal	Blueberry Muffin	Mini Pancakes	Cereal Bar
L		Bosco	Chicken Nuggets	Deli Sandwich	Nachos
		Peas	Broccoli	Celery	Refried Beans
		Peaches	Apple	Pears	Pineapple
A		(School)	(Home)	(Home)	(School)

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All lunch served with milk. Milk choices 1% white, skim white and skim chocolate.

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Breakfast & Lunch Menu

Weekly Take Home

October 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 28	September 29	September 30	1	2
B	Egg Patties/English Muffin	Cereal	Poptart	Mini Pancakes	Muffin
L	Cheese Stuffed Breadstick	Grilled Cheese	Chicken Nuggets	Hamburger/Bun	Pizza
	Cucumbers	Celery	Broccoli	Carrots	Cherry Tomatoes
	Applesauce	Fruit Cup	Apple	Pears	Raisins
A					
	5	6	7	8	9
B	Mini French Toast	Cereal Bar	Mini Bagel	Cereal	Poptart
L	Grilled Cheese	Hot Dog/Bun	Chicken Strips	Pizza Crunchers	Nacho Cheese/Chips
	Broccoli	Carrots	Cucumbers	Cauliflower	Cherry Tomatoes
	Applesauce	Raisins	Apple	Pears	Oranges
					Cheese Stick
A					
	12	13	14	15	16
B	Cereal	Mini Pancakes	Poptart	Cereal Bar	Frudel
L	SunButter Sandwich	Pizza	Popcorn Chicken	Grilled Cheese	Hamburger/Bun
	Carrots	Cucumbers	Broccoli	Celery	Tomatoes
	Applesauce	Orange	Apple	Pears	Fruit Cup
	Cheese Stick				
A					
	19	20	21	22	23
B	Omelete/English Muffin	Cereal Bar	Poptart	Mini Bagels	No School
L	Pork Chop/Bun	Deli Sandwich	Chicken Strips	Hamburger/Bun	
	Cucumbers	Celery	Broccoli	Carrots	
	Applesauce	Fruit Cup	Apple	Pears	
A					
	26	27	28	29	30
B	No School	Cereal	Mini Pancake	Blueberry Muffin	Cereal Bar
L		Hot Dog/Bun	Chicken Nuggets	Deli Sandwich	Nacho Cheese Sauce
		Carrots	Cucumbers	Cauliflower	Cherry Tomatoes
		Raisins	Apple	Pears	Fruit Cup
					Cheese Stick
A					

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