

# NOVEMBER 2022

## West Branch Hoover Elementary School

Breakfast price: \$1.60  
 Students must have 3 items on their tray.  
 Students Must have a Fruit or Fruit Juice

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>1</b></p> <p>Sausage Breakfast Sandwich                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>2</b></p> <p>WG Donut Holes                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>3</b></p> <p>Scramble Eggs &amp; Toast                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>4</b></p> <p>Yogurt/Graham Cracker                      or Assorted Cereal Bars                      Fruit                      Fruit Juice                      1% or skim white milk, or                      Skim Chocolate milk</p>
<p><b>7</b></p> <p>WG Mini Pancakes                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>8</b></p> <p>Breakfast Bar/Roll                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>9</b></p> <p>WG Apple Bites                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>10</b></p> <p>WG Muffin                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>11</b></p> <p>Strawberry Cream cheese Bagel                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>
<p><b>14</b></p> <p>French Toast Sticks                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>15</b></p> <p>WG Breakfast Bagel Pizza                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>16</b></p> <p>WG Waffles                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>17</b></p> <p>Egg &amp; Cheese Sandwich                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>18</b></p> <p>WG Mini Cinnis                      or Assorted Cereal bars                      Fruit                      Fruit Juice                      1% or Skim White Milk                      or Skim Chocolate</p>
<p><b>21</b></p> <p>Breakfast Cookie                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>22</b></p> <p>Yogurt/ Teddy Grahams                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>23</b></p> <p>NO SCHOOL</p>	<p><b>24</b></p> <p>NO SCHOOL</p>	<p><b>25</b></p> <p>NO SCHOOL</p>
<p><b>28</b></p> <p>Mini French Toast                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>29</b></p> <p>Soft Cereal Bars                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>	<p><b>30</b></p> <p>Scramble Eggs &amp; Toast                      or Assorted Cereal                      Fruit                      Fruit Juice                      1% or Skim White Milk</p>		



# NOVEMBER 2022

## West Branch Hoover Elementary School

Student must take 3 components  
1 MUST be a Fruit or Vegetable

Monday

Tuesday

Wednesday

Thursday

Friday

1  
WG Mac and Cheese  
Roll  
Corn  
Cherry Tomatoes  
Fruit Choice  
Alt: Chicken Nuggets

2  
Grilled Chicken on WG Bun  
Baked Beans  
Carrots  
Fruit Choice  
Alt: Ham and Cheese on WG Bun

3  
Nachos  
Shredded Lettuce  
Diced Tomato  
Fruit Choice  
Alt: Chicken Strips

4  
Bosco Cheese with Sauce  
Cucumber Slices  
Celery  
Fruit Choice  
Pork Chop on WG Bun

7  
Fish Sticks  
Roll with butter  
Mashed Potatoes  
Carrots  
Fruit Choice  
Alt: Chicken Strips

8  
Spaghetti with Meat Sauce  
Romaine Salad  
Cucumber Slices  
Fruit Choice  
Breadstick  
Alt: Chicken Parmesan

9  
Mini Chicken Corndog  
Green Beans  
Fresh Broccoli  
Fruit Choice  
Alt: BBQ Rib on WG Bun

10  
Chicken Fajita on WG Tortilla  
Refried Beans  
Shredded Lettuce  
Diced Tomato  
Fruit Choice  
Alt: Deli Wrap

11  
Pepperoni Pizza  
Carrots  
Fresh Cauliflower  
Fruit Choice  
Alt: Chicken Patty on WG Bun

14  
Hamburger on WG Bun  
Sloppy Joe Beans  
Celery  
Fruit Choice  
Alt: Hotdog on WG Bun

15  
Mandarin Orange Chicken  
Rice  
Broccoli  
Carrots  
Fruit Choice  
Alt: Teriyaki Beef Dippers

16  
BBQ Rib on WG Bun  
French Fries  
Cucumber Slices  
Fruit Choice  
Sloppy Joe and WG Bun

17  
Beef Taco on WG Tortilla  
Shredded Lettuce  
Diced Tomato  
Fruit Choice  
Alt: Chicken Strips

18  
Bosco Cheese with Sauce  
Green Beans  
Cauliflower  
Fruit Choice  
Alt: Pork Chop on WG Bun

21  
Chicken Nuggets  
Mashed Potatoes  
Carrots  
Fruit Choice  
Alt: Salisbury Steak

22  
Individual Cheese Pizza  
Romaine Salad  
Cucumber Slices  
Fruit Choice  
Pumpkin Cake  
Individual Pepperoni Pizza

23  
No School

24  
No School  
Happy Thanksgiving

25  
No School

28  
Hamburger on WG Bun  
Tater Tots  
Carrots  
Fruit Choice  
Alt: Hotdog on WG Bun

29  
Chicken Alfredo  
Breadstick  
Steamed Broccoli  
Celery  
Fruit Choice  
Alt: Grilled Cheese Sandwich

30  
Breaded Beef Nuggets  
Romaine Salad  
Cucumbers  
Fruit Choice  
Graham snack  
Alt: Sunbutter Sandwich/Cheese Stick

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER  
We reserve the right to change the menu at any time.  
Milk offered Daily: 1% White, Skim White, Skim Chocolate.



All Breakfast served with Orange Juice and choice of 1% White, Skim White & Chocolate Skim

**STUDENT MEALS ARE \$1.60**

Each meal must have a fruit and 2 other items.

We reserve the right to change the menu without notice

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

-	Breakfast Sandwich OR Assorted Cereal/Bars Fruit Orange Juice <b>1</b>	Breakfast Bar/Roll OR Assorted Cereal/Bar Fruit Orange Juice <b>2</b>	Uncrustable Breakfast OR Assorted Cereal/Bar Fruit Orange Juice <b>3</b>	Breakfast Pizza OR Assorted Cereal/Bars Fruit Orange Juice <b>4</b>
WG Donut Holes OR Assorted Cereal/bar Fruit Orange Juice <b>7</b>	Apple Frudel OR Assorted Cereal/Bar Fruit Orange Juice <b>8</b>	Mini Pancakes OR Assorted Cereal/Bar Fruit Orange Juice <b>9</b>	Breakfast Sandwich OR Assorted Cereal/Bars Fruit Orange Juice <b>10</b>	WG Strawberry Bagel OR Assorted Cereal/Bar Fruit Orange Juice <b>11</b>
Pancakes OR Assorted Cereal/bar Fruit Orange Juice <b>14</b>	Snack'n Blueberry Waffle OR Assorted Cereal/Bars Fruit Orange Juice <b>15</b>	WG Mini Cinnis OR Assorted Cereal/Bar Fruit Orange Juice <b>16</b>	Breakfast Burrito OR Assorted Cereal/Bars Fruit Orange Juice <b>17</b>	French Toast Sticks OR Assorted Cereal/Bars Fruit Orange Juice <b>18</b>
Dutch Waffles OR Assorted Cereal/bar Fruit Orange Juice <b>21</b>	Breakfast Bagel Pizza OR Assorted Cereal/bar Fruit Orange Juice <b>22</b>	<b>-NO SCHOOL</b> <b>23</b>	<b>NO SCHOOL</b> <b>Happy Thanksgiving</b> <b>24</b>	<b>NO SCHOOL</b> <b>25</b>
WG Apple Bites OR Assorted Cereal/Bar Fruit Orange Juice <b>28</b>	Blueberry Muffin Tops OR Assorted Cereal/Bar Fruit Orange Juice <b>29</b>	Breakfast Sandwich OR Assorted Cereal/Bars Fruit Orange Juice <b>30</b>	-	-



Student Must have a Fruit or Vegetable and 2 other components.

Pre Order Chef Salads available

**Daily Fruit and Vegetable bar!**

**Milk offered daily: 1% White, Skim White, Skim**

**Chocolate. We reserve the right to change the menu**

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

-	Bosco Cheese w/ Sauce Chicken Nuggets/Roll Broccoli Cucumber slices Fruit Choice	Popcorn Chicken or Mac and Cheese Roll Green Beans Celery Fruit Choice	Nachos or Chicken Strips Refried Beans Shredded Lettuce Diced Tomato Fruit Choice	Pizza or Chicken Patty on WG Bun romaine Salad Fresh Cauliflower Fruit Choice
-	1	2	3	4
Rib Patty on WG Bun or Hot Dog on WG Bun Tater Tots Fresh Broccoli Fruit Choice	Spaghetti w/Meatsauce Or Chicken Strips Garlic Bread romaine Salad Cucumber Slices Fruit Choice	BBQ Pulled Pork on WG Bun or Pizza Crunchers Baked Beans Carrots Fruit Choice	Taco or Chicken Strips Shredded Lettuce Diced Tomato Fruit Choice Churro	Pizza or Pork Chop on Bun Corn Carrots Fruit Choice
7	8	9	10	11
Bosco Cheese Sticks/Sauce Chicken Nuggets /roll Cucumbers Carrots Fruit Choice	Fish Sticks Chicken Nuggets Roll Mashed Potatoes Cherry Tomatoes Fruit Choice	Corndog or Italian Chicken on WG Bun Green Beans Fresh Cauliflower Fruit Choice	Chicken Quesadilla or Hamburger on WG Bun Refried Beans Shredded Lettuce Diced Tomato Fruit Choice	Pizza or Chicken Patty on Bun Romaine Salad Celery Fruit Choice
14	15	16	17	18
Chicken Drumstick or Salisbury Steak Garlic knot Mashed Potatoes/Gravy Cauliflower Fruit choice	Mini Pepperoni Pizza or Mini Cheese Pizza Romaine Salad Cucumber slices Dessert Fruit Choice	NO SCHOOL	NO SCHOOL Happy Thanksgiving	NO SCHOOL
21	22	23	24	25
Hamburger on WG Bun or Hot Dog on WG Bun French Fries Celery Fruit Choice	Orange Chicken or Beef Teriyaki dippers Rice Broccoli Carrrots Fortune Cookie Fruit Choice	Bosco Cheese or Mr. Rib on WG Bun Baked Beans Cucumbers Fruit Choice	-	-
28	29	30	-	-