

BREAKFAST

Served 7:50 to 8:15

JANUARY 2023

West Branch Hoover Elementary School

Breakfast price: \$1.60
 Students must have 3 items on their tray.
 Students Must have a Fruit or Fruit Juice
 Students Must have a Fruit or Fruit Juice

Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School Winter Break</p> <p>2</p>	<p>No School Winter Break</p> <p>3</p>	<p>French Toast Sticks or Assorted Cereal Pears Orange Juice 1% or Skim White Milk</p> <p>4</p>	<p>Sausage & Egg On Roll or Assorted Cereal Peaches Apple Juice 1% or Skim White Milk</p> <p>5</p>	<p>Yogurt/Graham Cracker or Assorted Cereal Bars Pineapple Orange Juice 1% or skim white milk, or Skim Chocolate milk</p> <p>6</p>
<p>Dutch Waffles or Assorted Cereal Mixed Fruit Orange Juice 1% or Skim White Milk</p> <p>9</p>	<p>Omelet and Toast or Assorted Cereal Peach Applesauce Apple Juice 1% or Skim White Milk</p> <p>10</p>	<p>WG Donut Holes or Assorted Cereal Apricots Orange Juice 1% or Skim White Milk</p> <p>11</p>	<p>WG Banana Muffin or Assorted Cereal Mandarin Oranges Grape Juice 1% or Skim White Milk</p> <p>12</p>	<p>Strawberry Cream cheese Bagel or Assorted Cereal Bar Peaches Orange Juice 1% or Skim White Milk or Skim Chocolate Milk</p> <p>13</p>
<p>No School</p> <p>16</p>	<p>Mini French Toast or Assorted Cereal Cinnamon Apple Sauce Orange Juice 1% or Skim White Milk</p> <p>17</p>	<p>Nature Valley Breakfast Cookie or Assorted Cereal Pears Apple Juice 1% or Skim White Milk</p> <p>18</p>	<p>Egg & Cheese on English Muffin or Assorted Cereal Mixed Fruit Orange Juice 1% or Skim White Milk</p> <p>19</p>	<p>WG Mini Cinnis or Assorted Cereal Bars Apple Slices Orange Juice 1% or Skim White or Skim Chocolate</p> <p>20</p>
<p>Cinnamon Toast Crunch Soft Bar or Assorted Cereal Strawberry Applesauce Orange Juice 1% or Skim White Milk</p> <p>23</p>	<p>WG Mini Pancakes or Assorted Cereal Mandarin Oranges Apple Juice 1% or Skim White Milk</p> <p>24</p>	<p>Ham & Egg on Roll or Assorted Cereals Mixed Fruit Orange Juice 1% or Skim White Milk</p> <p>25</p>	<p>Pancake Sausage Links or Assorted Cereals Peaches Grape Juice 1% or Skim White Milk</p> <p>26</p>	<p>WG Blueberry Muffin or Assorted Cereal Bar Banana Orange Juice 1% or Skim White or Skim Chocolate</p> <p>27</p>
<p>Cinnamon Glazed Pancake or Assorted Cereal Pears Orange Juice 1% or Skim White Milk</p> <p>30</p>	<p>WG Donut or Assorted Cereal Apricots Apple Juice 1% or Skim White Milk</p> <p>31</p>			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
 We reserve the right to change the menu at any time.



Lunch Price \$2.70

JANUARY 2023

West Branch Hoover Elementary School

Student must take 3 components
1 MUST be a Fruit or Vegetable

Monday

No School
Winter Break

2

Tuesday

No School
Winter Break

3

Wednesday

Chicken Nuggets
Romaine Salad
Cucumbers
Peaches
Apple
Graham snack
Alt: Sunbutter Sandwich/Cheese Stick

4

Thursday

Chicken Quesadilla
Shredded Lettuce
Diced Tomato
Refried Beans
Pineapple
Banana
Alt: Deli wrap

5

Friday

Cheese Pizza
Fresh Cauliflower
Peas
Pears
Oranges
Alt: Chicken Patty on WG Bun
Alt: Chicken Patty on WG Bun

6

Rib Patty on WG Bun
Potato Smiles
Sliced Peppers
Strawberry Applesauce
Sidekicks
Alt: Hotdog on WG Bun

9

Chicken Alphabet Soup
Goldfish Crackers
Green Beans
Broccoli
Mixed Fruit
Apple Slices
Alt: Sunbutter Sandwich

10

Mini Corndogs
Baked Beans
Carrots
Mandarin Oranges
Watermelon Raisins
Alt: Hamburger on WG Bun

11

Nachos
Shredded Lettuce
Diced Tomato
Peaches
Kiwi
Alt: Chicken Strips

12

Bosco Cheese Sticks/Sauce
Corn
Romaine Salad
Cinnamon Applesauce
Frozen Mixed Berries
Alt: Pork Chop on WG Bun

13

No School

16

Hamburger on WG Bun
Sweet Potato Fries
Fresh Cucumbers
Pineapple
Frozen Peaches
Alt: Hotdog on WG Bun

17

WG Mac and Cheese
Corn
Celery
Mixed Fruit
Oranges
WG Brownie
Alt: Chicken Nuggets

18

Chicken Fajita
Refried Beans
Shredded Lettuce/Diced Tomato
Strawberries
Apple Slices
Alt: BBQ Rib on WG Bun

19

Sausage Pizza
Broccoli
Carrots
Pears
Banana
Alt: Chicken Patty on WG Bun

20

Chicken Strips
Roll with butter
Mashed Potatoes
Broccoli
Mandarin Oranges
Blue Raspberry Raisins
Alt: Salisbury Steak

23

Lasagna
Garlic Bread Sticks
Green Beans
Romaine Salad
Mixed Fruit
Apple Slices
Alt: Chicken Parmesan

24

Hamburger on WG Bun
Baked Beans
Carrots
Grapes
Applesauce
Alt: Hotdog on WG Bun

25

Taco
Shredded Lettuce
Diced Tomatoes
Pineapple
Banana
Cookie
Alt: Chicken Nuggets

26

Bosco Cheese/Sauce
Peas
Cucumber Slices
Peaches
Frozen Mixed Berries
Alt: Pork Chop on WG Bun

27

Fish Sticks
Mashed Potatoes/Gravy
Fresh Broccoli
Apricots
Apples
Alt: Chicken Nuggets

30

Chicken Alfredo & Breadstick
Steamed Broccoli
Celery
Pears
Frozen Whole Fruit Cup
Alt: Grilled Cheese Sandwich

31

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
We reserve the right to change the menu at any time.
Milk offered Daily: 1% White, Skim White, Skim Chocolate.

All Breakfast served with Orange Juice and choice of 1% White, Skim White & Chocolate Skim

STUDENT MEALS ARE \$1.60

Each meal must have a fruit and 2 other items.

We reserve the right to change the menu without notice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO SCHOOL
Winter Break

2

NO SCHOOL
Winter Break

3

Breakfast Bar/Roll
OR
Assorted Cereal/Bar
Fruit
Orange Juice

4

Uncrustable Breakfast
OR
Assorted Cereal/Bar
Fruit
Orange Juice

5

Breakfast Pizza
OR
Assorted Cereal/Bars
Fruit
Orange Juice

6

WG Donut Holes
OR
Assorted Cereal/bar
Fruit
Orange Juice

9

Apple Frudel
OR
Assorted Cereal/Bar
Fruit
Orange Juice

10

Mini Pancakes
OR
Assorted Cereal/Bar
Fruit
Orange Juice

11

Breakfast Sandwich
OR
Assorted Cereal/Bars
Fruit
Orange Juice

12

WG Strawberry Bagel
OR
Assorted Cereal/Bar
Fruit
Orange Juice

13

NO SCHOOL

16

Snack'n Blueberry Waffle OR
Assorted Cereal/Bars
Fruit
Orange Juice

17

WG Mini Cinnis
OR
Assorted Cereal/Bar
Fruit
Orange Juice

18

Breakfast Burrito
OR
Assorted Cereal/Bars
Fruit
Orange Juice

19

WG Apple Bites
OR
Assorted Cereal/Bar
Fruit
Orange Juice

20

Pancakes
OR
Assorted Cereal/Bars
Fruit
Orange Juice

23

Breakfast Bagel Pizza
OR
Assorted Cereal/Bars
Fruit
Orange Juice

24

Breakfast Sandwich
OR
Assorted Cereal/Bars
Fruit
Orange Juice

25

Blueberry Muffin Tops
OR
Assorted Cereal/Bar
Fruit
Orange Juice

26

French Toast Sticks
OR
Assorted Cereal/Bars
Fruit
Orange Juice

27

Breakfast Pizza
OR
Assorted Cereal/Bars
Fruit
Orange Juice

30

Breakfast Sandwich
or Assorted
Cereal/Bars
Fruit
Orange Juice

31

Student Must have a Fruit or Vegetable and 2 other components.

Pre Order Chef Salads available

Daily Fruit and Vegetable bar!

Milk offered daily: 1% White, Skim White, Skim

Chocolate. We reserve the right to change the menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO SCHOOL
Winter Break

2

NO SCHOOL
Winter Break

3

Bosco Cheese w/ Sauce
Chicken Nuggets/Roll
Broccoli
Cucumber slices
Fruit Choice

4

Nachos or Chicken Strips
Refried Beans
Shredded Lettuce
Diced Tomato
Fruit Choice

5

Pizza or
Chicken Patty on WG Bun
romaine Salad
Fresh Cauliflower
Fruit Choice

6

Rib Patty on WG Bun or
Hot Dog on WG Bun
Tater Tots
Fresh Broccoli
Fruit Choice

9

Orange Chicken or
Beef Teriyaki dippers
Rice
Broccoli Carrrots
Fortune Cookie
Fruit Choice

10

BBQ Pulled Pork on WG
Bun or
Pizza Crunchers
Baked Beans
Carrots
Fruit Choice

11

Chicken Fajita or
Hamburger on WG Bun
Shredded Lettuce
Diced Tomato
Fruit Choice

12

Pizza or
Pork Chop on Bun
Corn
Carrots
Fruit Choice

13

NO SCHOOL

16

Fish Sticks
Chicken Nuggets
Mashed Potatoes
Cherry Tomatoes
Fruit Choice

17

Corndog or
Italian Chicken on WG Bun
Green Beans
Fresh Cauliflower
Fruit Choice

18

Taco or Chicken Strips
Shredded Lettuce
Diced Tomato
Fruit Choice
Churro

19

Pizza or
Chicken Patty on Bun
Romaine Salad
Celery
Fruit Choice

20

Chicken Strips or
Salisbury Steak
Garlic knot
Mashed Potatoes/Gravy
Cauliflower
Fruit Choice

23

Hamburger on WG Bun
or
Hot Dog on WG Bun
Baked Beans
Grape Tomatoes
Fruit Choice

24

Bosco Cheese or
Mr. Rib on WG Bun
Carrots
Cucumbers
Fruit Choice

25

Chicken Quesadilla or
Hamburger on WG Bun
Shredded Lettuce
Diced Tomato
Fruit Choice

26

Pizza or
Pork Chop on WG Bun
Broccoli
Carrots
Fruit Choice

27

Hamburger on WG Bun or
BBQ Chicken on WGBun
French Fries
Grape Tomatoes
Fruit Choice

30

Spaghetti w/Meatsauce
Or Roast Beef Sandwich
Romaine Salad
Cucumber Slices
Fruit Choice

31