

Student Must have a Fruit or Vegetable and 2 other components.

Pre Order Chef Salads available

Daily Fruit and Vegetable bar

Milk offered daily: 1% White, Skim White, Skim

Chocolate. We reserve the right to change the menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

(No School)

5

Cheesey Ham Hashbrown Casserole w/ 2oz dinner Roll
Mixed Fruit
Cucumbers
Raddishes
Fresh Fruit
ALT.- Hawaii Chicken Wrap

6

Chicken Nuggets w/ Gold Fish
Celery
Carrots
Pears
Fresh Fruit
ALT. Corn Dog

7

Chicken Teriyaki w/ Rice
Cauliflower
Roasted Chic Peas
Mixed Fruit
Fresh Fruit
ALT. Jumbo Pretzel w/ Cheese

1

Hamburger on Bun
Roasted Sweet Potatoes
Coleslaw
Raisin
Fresh Fruit
ALT.-Chicken Nuggets

2

Taco on WG Shell
Raisins
Fresh Fruit
Diced Tomatoes
Shredded Lettuce
Chips and Salsa
ALT. (2) Crispito Taco Flavored

8

Hotdog on WG Bun
French Fries
Broccoli
Applesauce
Fresh Fruit
ALT.-Fish Sticks w/ Crackers

9

Pepperoni Pizza
Cranberries
Fresh Fruit
Cole Slaw
Cauliflower
ALT. Cheesy Pull Apart Italian Cheddar

12

BUFFALO CHICKEN ALFREDO-CASSEROLE w/ Breadstick
Cherry Tomatoes
Green Beans
Peaches
Fresh Fruit
ALT.- Pulled Pork Sandwich

13

Mr. Rib on Bun
Carrots
Roasted Chic Peas
Pears
Fresh Fruit
ALT. Chicken Strips w/ Goldfish

14

Sweet and Sour Chicken w/ Fried Rice
Romaine Salad w/ Diced Tomatoes
Cucumbers
Pineapple
Fresh Fruit
ALT. Soft Pretzel Bites w/ Cheese

15

Hamburger on Bun
Corn
Broccoli
Mixed Fruit
Fresh Fruit
ALT.-Chicken Nuggets w/ 1oz Dinner Roll

16

Bosco Sticks
Raddishes
Roasted Veggies
Peaches
Fresh Fruit
ALT: Chicken Patty on Bun

19

PIZZA TATER TOT CASSEROLE
Carrots
Tomatoes
Applesauce
Fresh Fruit
ALT.Chicken Caesar Wrap

20

Corn Dog
Green Beans
Broccoli
Pears
Fresh Fruit
ALT. Chicken Strips

21

Beef Nachos
Refried Beans
Sliced Peppers
Mixed Fruit
Fresh Fruit
ALT.- (2) Crisпитos Chicken and Cheese flavored

22

(No School)

23

Cheese Pizza
Cucumbers
Celery
Rasins
Fresh Fruit
ALT. Cheesy Pull Apart Southwest Queso

26

Chicken Spinach Alfredo Casserole w/ Breadstick
Broccoli
Romain Salad
Pears
Fresh Fruit
ALT. Pulled Pork Sandwich

27

Mr. Rib on Bun
Sweet Potato Fries
peppers
Peaches
Fresh Fruit
ALT. Chicken Stips w/ Goldfish

28

Chicken Lo Mein
Roasted ChickPeas
Chop Suey Vegetables
Tropical Mixed Fruit
Fresh Fruit
ALT. Queso and Chips

29

Hotdog on WG Bun
Tator Tots
Carrots
Mixed Fruit
Fresh Fruit
ALT.-Fish Sticks w/ Roll

30

Student Must have a Fruit or Vegetable and 2 other components.

**Pre Order Chef Salads and Bear Breaks available 5th-8th Grade ONLY when ordered by 9:30am

Daily Fruit and Vegetable bar for 5th-8th grade.
Milk offered daily: 1% White, Skim White, Skim Chocolate. We reserve the right to change the menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

(No School)

5

Pepperoni Pizza
Cranberries
Fresh Fruit
Cole Slaw
Cauliflower
ALT. Cheesy Pull Apart Italian Cheddar

12

Bosco Sticks
Raddishes
Roasted Veggies
Peaches
Fresh Fruit
ALT: Chicken Patty on Bun

19

Cheese Pizza
Cucumbers
Celery
Rasins
Fresh Fruit
ALT. Cheesy Pull Apart Southwest Queso

26

Cheesy Ham Hashbrown Casserole w/ a 1oz Roll
Mixed Fruit
Cucumbers
Raddishes
Fresh Fruit
ALT.- Hawaiini Chicken Wrap

6

.BUFFALO CHICKEN ALFREDO-CASSEROLE
Cherry Tomatoes
Green Beans
Peaches
Fresh Fruit
ALT.- Pulled Pork Sandwhich

13

PIZZA TATER TOT CASSEROLE W/ 20Z ROLL
Carrots
Tomatoes
Applesauce
Fresh Fruit
ALT.Chicken Caesar Wrap

20

Chicken Spinach Alfredo Casserole w/ Breadstick
Broccoli
Romain Salad
Pears
Fresh Fruit
ALT. Pulled Pork Sandwhich

27

Chicken Nuggets
Celery
Carrots
Pears
Fresh Fruit
ALT. Corn Dog

7

Mr. Rib on Bun
Carrots
Roasted Chic Peas
Pears
Fresh Fruit
ALT. Chicken Strips

14

Corn Dog
Green Beans
Broccoli
Pears
Fresh Fruit
ALT. Chicken Strips w/ Teddy

21

Grahams
Mr. Rib on Bun
Sweet Potato Fries
peppers
Peaches
Fresh Fruit
ALT. Chicken Stips

28

Chicken Teriyaki w/ Rice
Cauliflower
Roasted Chic Peas
Miexd Fruit
Fresh Fruit
ALT. Jumbo Pretzel w/ Cheese

1

Taco on WG Shell
Raisins
Fresh Fruit
Diced Tomatoes
Shredded Lettuce
Chips and Salsa
ALT. Crispito Taco Flavored

8

Sweet and Sour Chicken
Romaine Salad
Cucumbers
Pineapple
Fresh Fruit
ALT. Soft Pretzel Bites w/ Cheese

15

Beef Nachos
Refried Beans
Sliced Peppers
Mixed Fruit
Fresh Fruit
ALT.- Crisпитos Chicken and Cheese flavored

22

Chicken Lo Mein
Roasted ChickPeas
Chop Suey Vegetables
Tropical Mixed Fruit
Fresh Fruit
ALT.Queso and Chips

29

Hamburger on Bun
Roasted Sweet Potatoes
Coleslaw
Raisin
Fresh Fruit
ALT.-Chicken Nuggets
Hotdog on WG Bun
French Fries
Broccoli
Applesauce
Fresh Fruit
ALT.-Fish Sticks w/ Crackers

2

9

Hamburger on Bun
Corn
Broccoli
Mixed Fruit
Fresh Fruit
ALT.-Chicken Nuggets

16

(No School)

23

Hotdog on WG Bun
Tator Tots
Carrots
Mixed Fruit
Fresh Fruit
ALT.-Fish Sticks crackers

30

All Breakfast served with Orange Juice and choice of 1% White or Skim White

Grab n Go Breakfast Breaks Available

STUDENT BREAKFAST IS \$2.30

Each meal must have a fruit and 2 other items.

We reserve the right to change the menu without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			French Toast Sticks Or Cereal 44g Fruit *Breakfast Breaks 71g* 1	Donut Holes Or Cereal 44g Fruit Apple Juice 15g *Breakfast Breaks 71g* 2
(No School) 5	Chocolate Chip Muffin Top Cereal 44g Fruit *Breakfast Breaks 71g* 6	Sausage on English Muffin Cereal 44g Fruit *Breakfast Breaks 71g* 7	Cinn. Toast Crunch French Toast Cereal 44g Fruit *Breakfast Breaks 71g* 8	Ring Donut Cereal 44g Fruit *Breakfast Breaks 71g* 9
Maple Panckes Cereal 44g Fruit *Breakfast Breaks 71g* 12	Mini Blueberry Waffles Cereal 44g Fruit *Breakfast Breaks 71g* 13	Omelet on a Roll Cereal 44g Fruit *Breakfast Breaks 71g* 14	French Toast Bites Cereal 44g Fruit *Breakfast Breaks 71g* 15	Long John Cereal 44g Fruit *Breakfast Breaks 71g* 16
Whole Panckes Cereal 44g Fruit *Breakfast Breaks 71g* 19	Cherry Muffin Cereal 44g Fruit *Breakfast Breaks 71g* 20	Egg and Cheese on English Muffin Cereal 44g Fruit *Breakfast Breaks 71g* 21	Choc. Chip French Toast Cereal 44g Fruit *Breakfast Breaks 71g* 22	(No School) 23
Confetti Pancakes Cereal 44g Fruit *Breakfast Breaks 71g* 26	Snack'n Waffle Cereal 44g Fruit *Breakfast Breaks 71g* 27	Sausage on Biscuit Cereal 44g Fruit *Breakfast Breaks 71g* 28	French Toast Snack Bread Cereal 44g Fruit *Breakfast Breaks 71g* 29	Powder Sugar Donut Holes Cereal 44g Fruit *Breakfast Breaks 71g* 30