

All Breakfast served with Orange Juice and choice of 1% White & Skim White Milk

STUDENT BREAKFAST IS \$2.30

Each meal must have a fruit and 2 other items.

We reserve the right to change the menu without notice

MONDAY

Choc. Chip Pancakes
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **2**

Whole Panckes
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **9**

Confetti Pancakes
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **16**

Maple Panckes
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **23**

Whole Panckes
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **30**

TUESDAY

Trix Muffin 50g
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **3**

Snack'n Waffle
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **10**

Chocolate Chip Muffin Top
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **17**

Snack'n Waffle
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **24**

WEDNESDAY

Sausage Pancake Stick 18g
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **4**

Omelet on a Roll
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **11**

Sausage on Biscuit
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **18**

THURSDAY

French Toast Sticks
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **5**

Cinn. Toast Crunch French Toast
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **12**

French Toast Bites
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **19**

No School
Thanksgiving Break Enjoy!! **26**

FRIDAY

Chocolate Cake Donut 42g
Or
Cereal 44g
Fruit
Apple Juice 15g
Breakfast Breaks 71g **6**

Donut Holes
Or
Cereal 44g
Fruit
Apple Juice 15g
Breakfast Breaks 71g **13**

Long John
Or
Cereal 44g
Fruit
Breakfast Breaks 71g **20**

Student Must have a Fruit or Vegetable and 2 other components.

Pre Order Chef Salads available for 5th-8th grade

Daily Fruit and Vegetable bar for 5th-8th grade.

Milk offered daily: 1% White, Skim White, Skim

Chocolate. We reserve the right to change the menu

MONDAY

Bosco Sticks
Raddishes
Roasted Veggies
Peaches
Fresh Fruit
ALT: Chicken Patty on Bun **2**

Pepperoni Pizza
Cranberries
Fresh Fruit
Carrots
Cauliflower
ALT: Cheesy Pull Apart Italian **9**
Cheddar

Cheese Pizza Stix
Fresh Fruit
Broccoli
Cauliflower
Cranberries
ALT: Chicken Nuggets **16**

Taco Pizza
Romaine Salad
Celery
Rasins
Fresh Fruit
ALT: 3 Cheese Calzone **23**

Bosco Sticks
Peas
Carrots
Pears
Fresh Fruit
ALT: Chicken Strips **30**

TUESDAY

Chicken Pita
Cucumbers
Romaine Salad
Cranberries
Fresh Fruit
ALT: Spaghetti w/ Breadstick **3**

Cheesy Ham Hashbrown Casserole
w/ Garlic Knot
Mixed Fruit
Cucumbers
Raddishes
Fresh Fruit
ALT: Chicken Caesar Wrap **10**

BUFFALO CHICKEN ALFREDO-
CASSEROLE
Cherry Tomatoes
Green Beans
Peaches
Fresh Fruit
ALT: Pulled Pork Sandwich **17**

Turkey and Gravy
Mashed Potatoes
Green Bean Casserole
Applesauce
Pumpkin Fluff
Assorted Dinner Rolls **24**
ALT: Ham Patty

WEDNESDAY

Breaded Pork Steak w/ Gravy
Roasted Sweet Potatoes
Coleslaw
Raisin
Fresh Fruit
ALT: Mac and Cheese **4**

Chicken Parm
Mashed Potatoes
Broccoli
Applesauce
Fresh Fruit
ALT: Fish Sticks **11**

Breaded Pork Steak w/ Gravy
Sweet Potatoes
Romaine Salad
Breadstick
Mixed Fruit
Fresh Fruit **18**

ALT: PIZZA TATER TOT CASSEROLE
W/ 20Z ROLL

25

THURSDAY

Carnitas Tacos
Refried Beans
Peppers
Mand. Oranges
Fresh Fruit
ALT: Taco Crispitos **5**

Sweet and Sour Meatballs w/ Rice
Romaine Salad
Cherry Tomatoes
Pineapple
Fresh Fruit
ALT: Soft Pretzel Bites w/ Cheese **12**

Taco on WG Shell
Raisins
Fresh Fruit
Diced Tomatoes
Refried Beans
Chips and Salsa
ALT: Crispito Chicken and Cheese **19**

26

FRIDAY

Chicken Nuggets w/ Goldfish
Carrots
Potato Wedges
Pears
Fresh Fruit
ALT: Corn Dog **6**

Mr. Rib on Bun
Celery
Roasted Chic Peas
Pears
Fresh Fruit
ALT: Chicken Strips w/ Goldfish **13**

Corn Dog
French Fries
Carrots
Pears
Fresh Fruit
ALT: Chicken Strips w/ Teddy Grahams **20**

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Thanksgiving Break Enjoy!!

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Daily Fruit and Vegetable bar.

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Chocolate. We reserve the right to change the menu

MONDAY

Bosco Sticks
Raddishes
Roasted Veggies
Peaches
Fresh Fruit
ALT: Chicken Patty on Bun **2**

Pepperoni Pizza
Cranberries
Fresh Fruit
Cole Slaw
Cauliflower
ALT: Cheesy Pull Apart Italian Cheddar **9**

Cheese Pizza Stick
Fresh Fruit
Cranberries
Cole Slaw
Cauliflower
ALT: Cheesy Pull Apart Italian Cheddar **16**

Taco Pizza
Cucumbers
Celery
Rasins
Fresh Fruit
ALT: 3 Cheese Calzone **23**

Bosco Sticks
Peas
Carrots
Pears
Fresh Fruit
ALT: Chicken Strips w/ Goldfish **30**

TUESDAY

Chicken Pita
Cucumbers
Romaine Salad
Cranberries
Fresh Fruit
ALT: Spaghetti w/ Breadstick **3**

Cheesy Ham Hashbrown Casserole w/ a 2oz Roll
Mixed Fruit
Cucumbers
Raddishes
Fresh Fruit
ALT: Hawaiini Chicken Wrap **10**

BUFFALO CHICKEN ALFREDO-CASSEROLE w/ Garlic Knot
Cherry Tomatoes
Green Beans
Peaches
Fresh Fruit
ALT: Pulled Pork Sandwich **17**

Turkey and Gravy
Mashed Potatoes
Green Bean Casserole
Applesauce
Pumpkin Fluff
Assorted Dinner Rolls **24**

ALT: Ham Patty

WEDNESDAY

Breaded Pork Steak w/ Gravy
Roasted Sweet Potatoes
Coleslaw
Raisin
Fresh Fruit
Brownie
ALT: Mac and Cheese **4**

Chicken Parm
Mashed Potatoes
Broccoli
Applesauce
Fresh Fruit
Breadstick
ALT: Fish Sticks **11**

Breaded Pork Steak w/ Gravy
Sweet Potatoes
Romaine Salad
Breadstick
Mixed Fruit
Fresh Fruit **18**

ALT: PIZZA TATER TOT CASSEROLE

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THURSDAY

Carnitas Tacos
Refried Beans
Peppers
Mand. Oranges
Fresh Fruit
ALT: Taco Crisitos **5**

Sweet and Sour Meatballs w/ Rice
Romaine Salad w/ Diced Tomatoes
Cucumbers
Pineapple
Fresh Fruit
ALT: Soft Pretzel Bites w/ Cheese **12**

Taco on WG Shell
Raisins
Fresh Fruit
Refried Beans
Shredded Lettuce w/ Tomatoes
ALT: Crispito Chicken and Cheese (2) **19**

26

FRIDAY

Chicken Nuggets w/ Scooby Snacks
Potato Wedges
Carrots
Pears
Fresh Fruit
ALT: Corn Dog **6**

Mr. Rib on Bun
Carrots
Roasted Chic Peas
Pears
Fresh Fruit
ALT: Chicken Strips **13**

Corn Dog
Carrots
French Fries
Pears
Fresh Fruit
ALT: Chicken Strips w/ Teddy Grahams **20**

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No School
Thanksgiving Break Enjoy!!

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